

# DIALOG

SUMMER 1996 EDITION



## New Student Centre Set to Open in September

After endless delays and several design changes the new Student Centre at St. James Campus will open in September. Construction is complete and the new Student Centre has already hosted its first event. For the students at St. James Campus and other George Brown students who wish to use the new facilities, the Centre will provide a relaxing place to eat, meet other students or even have a beer. The completion of the Student Centre is a welcome relief to thousands of students and staff.

For several years it has been painfully obvious to even a casual visitor to St. James campus that students needed a cleaner, brighter and bigger facility to go and relax. The cafeteria at St. James Campus is both too small and in very poor condition. The student pub looks like it has not been cleaned or renovated in years. It is often impossible to find a

place to sit down in the cafeteria. Between the noise and the deteriorating, exposed insulation clinging to the ceiling it is a wonder that the students at St. James campus put up with this situation for so long.

Several years ago the College administration and the Student Association began making plans for the new Centre. A survey was taken and it was decided that a new Student Centre and new offices to house services for students would be built. The construction was to be funded by levels of government. Construction began last June and was originally to be completed in the fall of 1995. Unfortunately, delays caused by cost overruns, design changes and difficulty obtaining building materials slowed progress on many occasions. For many students it appeared as if the construction would never end. However construction did end and several departments that

provide valuable services to students began moving into their offices in early May. Companies such as Second Cup and Subway sandwiches moved into the Student Centre. The pub was completed and other finishing touches were put on the Student Centre. Now the Student Centre is only lacking one thing - YOU!

When September comes and you arrive at George Brown College make it a point to visit the new Student Centre as soon as you arrive on campus. The Centre will be a place where you can meet new people, get to know all the services that the Student Association provides and find out how you can get involved in the hundreds of activities, clubs and organizations that are available to you as a student. The new Student Centre is a bright, spacious and relaxing place for students to go. All the individuals involved in initiating and completing this project deserve thanks and congratulations from the students and staff at George Brown College.

## DESPITE CUTS, GEORGE BROWN STILL A GREAT PLACE TO LEARN

Despite Cuts, George Brown College remains a great place to learn.

Since Mike Harris and the Progressive Conservatives were elected last June, colleges and universities in Ontario have seen nothing but cuts, layoffs and uncertainty. This has created an atmosphere of pessimism and despair around our College. Last month I spoke with Mr. Frank Sorochinsky, President of George Brown College and Babak Ardoush the former President of the Student Association. We discussed the future of George Brown College and the extreme challenges that we are presently facing.

Mr. Sorochinsky acknowledged that the cuts to programs and faculty were difficult and painful. Although these cuts were unavoidable, he assured me that changes in faculty would not translate into lower quality education. Mr. Sorochinsky emphasized that courses will continue to be taught by competent, experienced and talented instructors. In addition, students that are currently enrolled in programs that have been

cancelled or suspended will be allowed to complete their programs.

Cuts have also hit the programs that the College offers very hard. As was previously announced, 18 programs will be suspended or cancelled as of next fall. In addition, other programs such as the 3 year Printing Technology course has been shortened to two years. President Sorochinsky said that such factors as duplication, dwindling enrollment and lack of interest from potential employers were factors in the program cuts. There is a bright side to these program cuts. As a result of reduced funding, Colleges around Metro have been forced to examine all of their programs for duplication. As a result, programs may be cut at certain colleges but the colleges that still offer the identical programs will receive more funding in order to create centres of excellence. This is essential, especially in the fields of Computer Aided Design, Electronic Desktop Composition and animation, where the technology that is needed is so



College President  
Mr. Frank Sorochinsky

expensive. Students will likely have to travel further from their homes to study at a Community College that offers their program. This is

a hardship that the majority of students in Ontario have always had to endure. Metro Toronto is the only region in Ontario to have five community colleges in such close proximity.

Mr. Sorochinsky also discussed continuing plans to consolidate the College into 2 campuses. Many students feel that there is nothing they can do about the changes to their College. This is not true. The Student Administration has been quietly working behind the scenes all year as advocates of George Brown students. Mr. Babak Ardoush took over as Student Administration President in November after the abrupt resignation of the previous President. Mr. Ardoush



Former S.A. President  
Mr. Babak Ardoush

and his staff have worked diligently to provide students with numerous services such as the Pub and the new Student Centre. Mr. Ardoush complimented his staff as the best he has ever seen at George Brown during his stay here. Mr. Ardoush and his staff worked diligently to see that the Student Centre was finally finished. In addition he voiced opposition to cuts and other policies that hurt students. Mr. Ardoush was quick to point out that the Student Administration at G.B.C. as a unified body has only existed for 2 years. It is staffed by both paid and unpaid staff. He did not offer any quick solutions to the problems that the College currently faces. He looks forward with pride to the Fall opening of the Student Centre. More cooperation, more involvement amongst all students and a great deal of patience would go a long way to soothe the current tensions at our College.

As a writer for the Dialog I

would like to thank all of the faithful readers who read my columns. I consider it a great privilege to have been given such an opportunity. I am graduating in June I hope that new students and returning students to this College take advantage of the opportunities that await you at the Dialog, the Yearbook and George Brown College.

Editor: David Dimitrie  
Layout: Shannon Whaites &  
David Dimitrie  
Ad Manager: Kennara Inc.  
864-9132

The Dialog is a student newspaper and is published monthly in cooperation with the Student Association of George Brown College. The opinions expressed in the Dialog are not necessarily those of George Brown College, the G.B.C. Student Association or its employees.

Special thanks to Brad LaBelle  
Director of Student Resources

### WHAT'S INSIDE

1. Messages from student leaders
2. Integrating students with disabilities
3. Diversity at George Brown College
4. News from the Hospitality Campus
5. Highlights from the Athletic Banquet
6. Sports Roundup
7. Find out what the Student Association offers you
8. Work opportunities on campus

# STUDENT VOICE

## MEET YOUR NEW S.A. REPRESENTATIVES



**Susan Deak,**  
S.A. President

First of all, I would like to thank all of the individuals who supported my campaign for the position of President of the Student Association. It was a long and hard road getting here, but the journey has really just begun. Now comes the hard work of making this new Student Association the best one ever.

Second, I want to congratulate all of the other candidates

who ran and won. You all worked really hard.

It will be a challenge representing a Student Body so diverse, but I feel I have the endurance, the energy, and the ability to represent and work for you, the students of George Brown College. I also look forward to working with all of the Vice-Presidents and the Directors of the Association, as well as the Student Representatives for the 1996-97 year.

As students of this college, we are facing many difficult issues. It is a time for all of us to be strong; to pull together as students and fight for our rights for qualified teachers, high

standard programs/courses, knowledge and skills that will enable us to go out into the world with all that we need to succeed in the world today. And, the most important issue is that we create a strong communication system between the Student Body, the Student Association, and the College.

I would like to send out a special welcome to all of the new students coming into George Brown in the Fall as well as to those students returning. I hope to come into as many of your classes as possible to speak to you and hopefully motivate you to get involved in the Student Association either by represent-

ing your class/program as a Student Rep, by volunteering in the Student Association, or by simply attending the function put on by the Student Association. In the Fall, I will be entering my second year of study in the Assaulted Women's and Children's Counselor/Advocate Program. I realize the necessity of establishing and maintaining a link between the Student Body and the Student Association. When I first started at the College, I did not feel like that link was there. I hope that I will be able to be a conduit for that link in this upcoming year. I also hope that this year's Student Association will be able to do even bigger and better things for all of

the students of George Brown College.

The only thing left to say is that the Student Association is here for you. If you have concerns, then go to your campus Student Association office. If there is any way we can help you, then we will.

So, have a safe and happy summer. We'll see you in September (or possibly even before that).



**Brad LaBelle,**  
Director of Student Resources

Good morning George Brown! Or maybe it's afternoon, anyway welcome or welcome back whatever the case

may be. In the next few months you'll be seeing articles from me in the Dialog so I'd like to take this opportunity to introduce myself. My name is LaBelle, Brad LaBelle. I'm in my third year of the nursing program and will be tackling my first year in the Student Association. Over the past two years I've been a member of the varsity baseball team, intramurals, and I also attended my share of pubs! Before life

at GBC, I studied political science and economics at Carleton University. I also spent a brief period as an expeditor for a car parts manufacturer in Mississauga. I also enjoy candle lit dinners and moonlit walks on the beach.

If you have any concerns regarding student services or just want to say hello, don't hesitate to come into the S.A. office. Over the next year you will undoubtedly see many

changes within the school community and I would like to encourage you to get involved to not only help these changes along, but to also make your experience that much more rewarding. There are many things available such as sports teams, intramurals, one of my favorites, the pub and pub crawls, student reps, the Dialog, clubs and the new Student Centre-trust me there is something for you. Well people,

I'll be in touch. Be good to one another and let's make this the best year for student life this College has ever seen! If you have any questions contact me at 415-2900 or at my voice mail #89542.



**Cheryl Khidaroo,**  
Director of Academic Affairs

As the Director of Academic Affairs, I hope to work in close consultation with stu-

dents, as well as, members of the College Administration, in order to effectively represent the academic concerns of the student body. I will be doing this by: preparing a series of educational/lecture seminars for students preparing academic orientations, planning campus tours and attending meetings such as College Council and

the Board of Governors, on behalf of students and the Student Association. I am looking forward to the coming school year and the exciting opportunities to participate in creating and shaping a richer academic life for students, as well as, being able to voice student concerns, and work in alliance with academic di-

visions in the College to ensure that academic policies and decisions reflect the needs and concerns of students. I also look forward to receiving a lot of input and feedback from my fellow students. This is your opportunity to get your academic concerns heard by the College. So, please feel free to contact me at 415-2900 Voice Mail#

89986, at the Nightingale SA Office at 415-2463 or at the St. James SA Office at 415-2455



**Sandy De Sousa,**  
V.P. Hospitality Campus

Hi fellow classmates! My name is Sandy De Sousa, your new Vice-President for the Hospitality Centre for 1996/97. Starting from May 15/96, I take on my new position. I'm currently employed in the Hotel and

Food and Beverage Management Programs... finally just finishing my first year. In September of '96, we have a whole new fun agenda planned, full of new activities and keeping some of last year's traditions. As well, there will be improvements from last year, all of which promise to bring an exciting year.

To tell you a little bit about myself, remember that I am a TWIN, so if you say "Hi, Sandy..." and there is no reply, that's probably my twin;

usually she says "Hi" anyway (we're both used to it!). I have been actively involved with the school, including being a member of the Hospitality Club, tutoring the ever so popular Accounting course, and adding the SA next year. My main goal next year is to keep the communication lines open. Instructors, students and administration from all campuses and programs must strive toward this goal. I believe that next year holds great promise; a year of good fun and a year of higher

education. Until we meet again in September, I hope this summer is full of excitement for everyone, but if you're stuck working the entire summer, cheer up. September promises to be the beginning of an eventful year. I look forward to seeing all of my former classmates again, and meeting the new citizens of George Brown College. Have fun and see you in September!



# STUDENT VOICE

## MEET YOUR NEW S.A. REPRESENTATIVES



**Christopher Prokopiec,**  
V.P. St. James Campus

I'm Christopher Prokopiec, your Vice-President for St. James Campus. More importantly, I'm your new friend and advocate. I wanted

the opportunity to serve you, the students, because I saw a need for change in many areas of school life, and I believe I have the ability to affect it.

I am a second year student in the community worker program, and have had a wide range of experience in the social service field; I've worked for a member of provincial parliament, as a

probation officer, and worked at the Lesbian Gay Bi Youthline for my first year field placement. I have always been politically active and progressive and subsequently, feel quite passionately about the issues that affect us all as students at George Brown College.

The most urgent of the issues I intend to commit myself to is

your participation. This year, your student association plans to have a representative from every classroom in communication with a program representative. These program representatives will be my link to you. I encourage you to voice your opinions, become a representative, or even a member of the Student Association.

As a paying customer of this college, you have rights and responsibilities. To protect your rights, I see it as your duty to claim some ownership within the college community and get involved. Please know that my door is always open to you, I'm here to listen, and help if I can. I look forward to meeting you, and perhaps working with you in this, our upcoming school year.



**Hector Omar Silva,**  
V.P. Casa Loma campus

I would like to welcome all the summer students and students currently enrolled at George Brown College to another summer semester. The beginning of this semester is the beginning of a new era for

the Student Association. With the results of the elections I have become the new V.P. of Casa Loma as of May 15, 1996. For the next year I will be working hard to strive to achieve a better social and political college environment. I have a good knowledge of the relationship between the Student Association and the Casa Loma campus. With my experience I know that I can maintain effective communication with the students I serve. In the past, social activities for sum-

mer students did not exist. As of last year the concerns for summer students have been acknowledged by the Student Association. Every Monday was movie day in the student lounge. Free pop and popcorn was given to students for their participation as they would enjoy the latest video. During the rest of the semester BBQ's and snowcones were offered in the patio. Tournaments such as pool and getoni were held in the lounge awarding the top winners with prizes. The Eng-

lish as a Second Language Students (ESL) from Casa Loma Campus D building and International Students from St. James Campus also participated in the fun. On special occasions dancing and other nightlife activities were planned for students. Last year's success with the summer students is one of my goals to fulfill for the upcoming summer semester. I wish that everyone has a great summer at George Brown. If there are any ques-

tions regarding summer activities please feel free to call me at (416) 415-4730 or come and see me at room C-210 Casa Loma Campus.



**Beverly Mulvihill-Lawrence,**  
Director of Programming.

Before I go ahead and brief you on myself, I want to extend a very warm and large WELCOME to everyone who will be arriving at G.B.C. this September. We have many exciting and fun events for all. It

is at this point where I come in. My name is Beverly Mulvihill-Lawrence and I am the Director of Programming for the Student Association this year. I am in my final year of the Activation Coordinator/Gerontology program at the St. James campus. This past year I was a student leader for the S.A. and I enjoyed my experience so much that I decided that I wanted to be part of the "team" again. Well, here I am! Over the summer, I am planning a variety of activities

that will appeal to all without leaving anyone out in the cold. Three of the most anticipated are that of Orientation Week, Get to Know Toronto and the long awaited opening of the new Student Center. You will be receiving more information on these in the weeks to come. Much time and effort has already been put into both of these occasions with many more hours to come. We are also working on other events such as movie festivals, Barbeque's, pub crawls and

"Nooners".

As you can see, I have my hands full and could always use a few extra "helping hands" when running these events. If you think you would like to do so, feel free to contact me in the S.A. office and I will gladly get back to you. Let's make this an amazing year



**Ann Walking Bear,**  
V.P. Nightingale Campus

Hi. I am a 2nd year student in the Assaulted Women's and Children's Counselor/advocate Program at Nightingale. Last year I was involved in the planning of activities and working to improve student life as a stu-

dent leader. Some of the activities we planned last year were; barbeque's, musicians in the cafeteria, hypnotists, Valentine's Day messages, Movie Week etc. I feel I learned a great deal about the needs and concerns of the students at our campus. As your new V.P. of Nightingale Campus, I am looking forward to working with you to make our school environment more comfortable and accessible to all of us, to provide the opportunities for us to get to know each other and to have some fun. We are plan-

ning for the next year, during the summer, to make it a really great year, so I would like to hear from any of you about what you would like to see happen at Nightingale next year.

Some of my concerns are; looking into keeping the Learning Resource Center open (maybe with the support of the Student Association), extending the hours of the computer room and hopefully finding more room for us at the college for a quiet space, an exercise room, a pub etc. As you may or may not be aware, the

Student Association has been restructured. Next year we will be introducing class and division representatives to help us have closer contact with the student body. It is a great opportunity to meet new people and have some direct input into shaping the direction and activities of the Student Association.

I will be available and eager to hear from all students during the summer. You can contact me at the Nightingale office at 415-2463, at the St. James office at 415-2455, or

my voice mail at 415-2900, ext. 89987.

# STUDENT VOICE

## We Need to be More Inclusive

By: David Dimitrie

About 15 years ago, a radical and unproven concept was introduced into Canadian educational life. It was called "Mainstreaming". The theory essentially stated that all Canadian students regardless of disability should learn together in the same schools and in the same classrooms. In order to make this possible, legislation was passed and the Ontario Human Rights Code was amended. In addition, government made lavish promises to provide teachers with many types of support. It is now 1996, can we say that the noble goal of mainstreaming has been achieved? Sadly, the answer is no. A combination of budget cuts, rigid educators and non-disabled students who make integration difficult, continue to hold back the process. To make the next step we must address each of these issues. To gain a better perspective on this issue we should consider the work of Mr. Norman Kunc, who suffers from cerebral palsy and has devoted his life to the issues of mainstreaming the disabled.

As stated in the *Globe and Mail*, Mr. Norman Kunc, a lecturer with the Harvard Graduate School of Education came to Toronto on

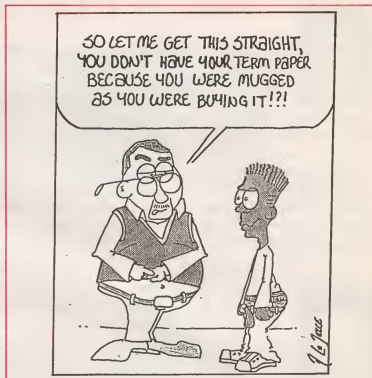
April 10 to speak about "inclusiveness in schools." Mr. Kunc was educated in Ontario and holds a Masters Degree in Family Therapy. His central message is detailed in the following points:

1. All students with disabilities belong in regular schools, learning with non-disabled students.
2. It is the responsibility of the school administration, the classroom teacher, the disabled student and the other students in the classroom to make the integration successful.
3. Classroom teachers must be supported in the classroom with any help of teacher's aides, developmental service workers and the provision of assistive devices such as wheelchairs, print magnifiers and other computerized devices. When all of the burden is placed on the disabled student and/or the teacher to make the integration successful, the chances for success are slim.

Work, which is similar to Mr. Kunc's is being done at Dundas Elementary School in Toronto. It was described in the *Globe and Mail* as follows. Dundas Elementary School in Toronto is participating in the "Building of Inclusive

Schools Project". At this school, innovative teaching methods and class configurations help students with special needs to integrate successfully into the classroom. Please keep in mind that disabilities include behavioural, emotional, psychiatric and learning disabilities as well as the physical disabilities that I have already spoken about. Principal Kemp Rickett, of Dundas Elementary School sums up his philosophy this way. "The onus of integrating socially with the other students is not placed entirely on the child with the disability. At the same time any violent or inappropriate behaviour is not tolerated". The message here is clear. All students, staff, and faculty have a responsibility to ensure that their actions inside and outside of the classroom do not hinder a disabled student from learning or making use of the facilities of the learning institution. This is as applicable to a community college as it is to an elementary school.

As a student at George Brown College I find most of the staff and faculty exceptional in their response to students with disabilities. However, I find that the actions of many students are



thoughtless, ignorant and resistant to change. Disabled students must fight many battles each day just to live in mainstream society. But disabled students are not here to be courageous, to prove a point or to attempt to do work that they are not capable of doing. Disabled students want to learn, to graduate and to get a job that they can support themselves with. They do not ask for

sympathy, prejudice or condescending remarks.

Mr. Kunc said it best. "It is not inclusionary to build a ramp, but have no expectation that people with disabilities will play a meaningful role in society."

Any student with a disability who would like to write for this column in September, please leave your name and phone number in the Student Association Office.

## Student Reps (continued from p.2)



John Young,  
Director of External Affairs

I am your new Director of External Affairs. You are very special people, not only for your wits and determination, but for the mere fact that you have chosen to attend college at such a tumultuous period in Ontario's social and economic history.

Mike Harris' government has slashed funding to education by \$800 million, and is talking about slashing more! The effects of such cuts include: higher tuition, more user fees, course cancellations, larger class sizes, significant staff layoffs, and poorer quality education. The government is moving towards a two-tiered educational system that mirrors the United States, where tuition costs \$10 to \$20,000 a year.

Safeguarding universally accessible education has been

left up to you, the students and staff. You are probably thinking that this is too ominous a task, that your little voice won't change anything anyway. Yet your little voice is backed by 138,000 other College students' voices. Only together can we make enough noise for change. So when you see posters promoting student rallies, information seminars, and guest speakers, make the effort to participate.

My objective as Dir. of External Affairs, is to inform and involve you in the social and political policy making process. Because I depend on your participation, I will be easily accessible through voice mail, e-mail, and your Student Association office, with lists of social and political action groups that you can get involved in. I also wouldn't mind the odd deep political discussion.

GET INVOLVED, YOUR FUTURE DEPENDS ON IT!

## About Diversity

by: Christopher Prokopiec

George Brown is pluralistic in its make-up. Without question it is the most demographically diverse institution with which I have ever been associated.

Our students' ages range considerably. Last year only 61% of all students were under 25 years old. While everyone has an ethnic and/or cultural identity, at least 37% of students listed themselves as an identifiable racial minority such as Aboriginal, Asian or Caribbean. Many of our students speak a first language other than English. Many of our students culturally identify as being gay, lesbian bisexual, transgendered, transsexual or two-spirited. There are also many special needs students on campus. One of the most difficult issues facing the disabled is that of accessibility. In short, George Brown College houses people of all classes, religious and spiritual beliefs, colours, creeds, genders, races, cultural identities, sexual orientations and abilities. We are truly a diverse student body.

Like many students, I came from a rural area and have had

little experience with this kind of opportunity to meet so many new and interesting people. I can tell you that working with and getting to know so many diverse people has at times, been challenging. I have had to rethink many of my convictions. As I am sure others who have worked with me have also had to do. In doing this however, I have grown as a person and have expanded my knowledge to have a more realistic view of the world in which we live.

The important point about this look at our students, is that the only true thing any of us has in common is that we are all unique individuals. There are no two alike. It is our differences...our diversity, that must be respected because our diversity is what binds us together.

This approach to diversity is one of the things for which I am most proud to have learned from the gay community. This community is unique in its all inclusiveness, in that it transcends all barriers of race, age, ability, gender, class, religion/

spirituality, culture, colour and creed. Accordingly, the community represents itself with a rainbow flag, which is symbolic of all the colour coming together to form the most beautiful union anyone can see.

I believe that the path to greatness lies in our ability to work united. There is a warm and secure feeling inside to see and be a part of our school's community. We must work together, not merely tolerating, or accepting, but acknowledging and celebrating our differences. So I urge you to respect your peers, as you would wish to be respected. Approach differences with an open mind, curious to learn and understand, not quick to judge.

Soon you will be here, adding your voice to our chorus of our diversity. I sincerely look forward to meeting and working with you, whoever you are.



# HOSPITALITY

## Good-bye & Good Luck!

By: Denise Coward

Well, this is it, my last edition of the Dialog. I have had a great experience writing for the Dialog, since I started the Hospitality section in January 1994. Before I sign off, I just want to thank all the people who contributed articles and pictures over the last two years. The Hospitality section grew from one or two articles the first month to two full pages in some months of 1995, it couldn't have happened without the time and efforts of all the students that contributed. Even though I won't be around to bug people for articles in September, I hope you all continue to stay involved. The structure of the Dialog will be different and there will be more student volunteers needed to put the paper together. If you are interested in being a part of the Dialog, please contact the Student Association before you leave in May or at the end of August. Or contact Brad LaBelle, Director of Services at 415-2900 ext. 89542. I would really like to see the Hospitality program continue as an important part of the newspaper, after all we are an important part of the school. Good Bye and Good Luck!

## Junior Escoffier Update

The month of April has been a busy month for The Junior Escoffier Society. Field trips to Upper Canada Brewery and an organic luncheon prepared by Chef Brad Long were well attended and enjoyed by members. Ms. Therese Taylor of Dan T's Inferno Foods spoke on "Small Business Success" and Mr. Peter Oliver of Oliver's Restaurants spoke on the "evolution of Canadian Cuisine". Social events included going to a Raptors game and enjoying another popular Pub Night at Betty's. The third "Rising Stars - Culinary Showcase" took place at Blue Begonia restaurant, prepared

by graduate members Peter Kana, Gary Long and Martin Sinclair.

The new executive officers of the Society have taken their place in the office and are planning for the fall and winter semester. The new executive officers of the society are: Douglas McDonald - President, Jacqueline DeWinter - Vice-President, Donna Cappelli, Public Relations Officer, Petal Moore and Kelly Saunter Newsletter Editors, Lilianne Rosenberg Membership and Office Coordinator, George Shum - Treasurer

## Restaurant Review

### Gilles Bistro

1315 Bay St. (two blocks north of Bloor) Rating: 4 stars of 5

This small, intimate bistro has about sixteen tables which make it easy to provide attentive, personalized service. The wine list is interesting and the mark up on wine is minimal. The wait staff is knowledgeable about the wine and the food, and the service is paced at a rate determined by the guests. The atmosphere is perfect for a romantic dinner or a night out with a few of your closest friends.

The menu is interesting and all the items are reasonable priced. There are a variety of homemade pastas, seafood, lamb, chicken, veal and beef dishes to choose from. Desserts are also homemade and contain the seasons freshest ingredients. Appetizers range from \$4.00 to \$7.00 and entrees are priced from \$8.95 to \$16.95. There is a prix fixe consisting of an appetizer, entree, dessert, coffee or tea for \$16.95. Speaking from experience, I would have to say, it is a definite bargain. Each table receives fresh whole grain bread and Italian bread with tapenade upon arrival. The dishes are beautifully presented and attack your taste buds with a variety of flavors. The dress code is casual but it would be a good destination for a special night out. Reservations would be a good idea.

## Being Involved - What's in it for me?

by Denise Coward

For my last Dialog article, I thought I would write about something I really believe in - involvement in extracurricular activities. By extracurricular activities I mean Societies and Clubs, sports, attending guest speakers, trade shows and culinary competitions and last but not least - volunteering. There are many ways to get involved in all these activities at school and if you are interested enough, you can easily find out more about them.

This isn't going to be a lecture on contributing to student life, I've given enough of those already, but it is going to be a look at the benefits of extracurricular activities from someone who has spent a lot of time and effort in this area.

As past President of a club, Peer Tutor, Dialog Editor, and someone who has organized many social and volunteer events, I can honestly say that students who get involved have a tremendous advantage over those who do not. I have been given many great opportunities as a result of my commitment to student life at George Brown College. I have met some great friends, learned new skills, made contacts in the Industry, won awards, and I even got my present job working for a great Chef because I was in the right place at the right time.

Now I would not tell you that you should get involved because you will win an award, that may or may not happen. You should get involved because it will help you professionally, add to your education, allow you to talk to

some of Toronto's top Hospitality Professionals and it will give you the opportunity to help people less fortunate than yourself. Attending industry events and keeping in touch with the latest trends in Hospitality is very important but so is volunteering for special events. Many of Toronto's Chefs donate time, food and staff to worthy causes. If they are not too busy to help people in need, how can we say we do not have the time to do our part? Even if you go to an event look and you expect to be working next to a Master Chef and you end up parking cars or setting tables, you still have to realize the positive aspects of the experience. Maybe you met a new friend, got a new idea for a career or maybe you could think, "I am part of a group of

people that raised money for children in war-torn countries, or whatever charity it may be. There is a good chance that at the next event you will be the one working with the Chef. The time will come and it will be worth it. The important thing is to keep a positive attitude and get whatever you can from every experience - good or bad.

O.K., so maybe it has been a bit of a lecture, but I am doing it for your own good. If you cannot see the benefits of getting involved, take a better look. Volunteer for a charity event (Fashion Cares is coming up), run for an executive position in a club, become a Peer Tutor, join a society within or outside of school, stick with it for at least two months and then ask yourself, "How has my involvement made me a better,

more interesting person? How have I helped others? You may be surprised by the answer. You will be amazed at how good it feels to know that you have made school life a better experience for just one student. I won't be around next year to see the changes you have made to improve George Brown's Hospitality Centre, but so I was I'd say "I told you so!" Best of luck in your upcoming year.

### Did You Know?

You can purchase some of the delicious food that is prepared by the Hospitality students.

Food is for sale everyday on the first floor of the Hospitality Campus. Prices are always reasonable!

## Recipes

### Cucumber and Fruit Salad

1 large English cucumber  
2 medium red apples  
1 small cantaloupe  
1/4 cup yogurt  
2 tbsp. fresh lime or lemon juice  
1 tsp mint, chopped (or 1/2 tsp dried mint lettuce or spinach leaves)  
Wash cucumber, core apples, peel and seed cantaloupe. Cut all into bite-sized pieces and place in salad bowl. Stir or whisk together yogurt, lime juice and mint. Pour over cucumber mixture; toss well. Serve on lettuce or spinach leaves. Serves eight.

### Berries with Brandy

1 quart strawberries, blackberries or blueberries  
1/4 cup liquid honey  
1/4 cup brandy  
yogurt

Prepare berries by washing gently and drying well. Blend honey and brandy and pour over berries, stirring gently to coat them well. Allow to sit at room temperature for one hour (the sauce mixture will draw juice from the fruit). Chill if desired, stirring occasionally. Serve with a bowl of yogurt.

# SPORTS UPDATE

## Women's Volleyball

As with all the Athletic Programs at George Brown, the Women's Volleyball Team finished up play recently. For the women, it was a tough season, that we can classify as a rebuilding year, which saw the team play with a cast including only two returning players. But with pain comes gain, as the potential is there for the entire team to return for the coming year.

The coaching staff firmly places the highlights for the season on the team's strong showing at a tournament in North Bay, and a victory vs. Niagara on February 9 at Cross Over Tournament. All season the team showed glimmers of their potential as they slowly adjusted to each other, certainly coming together over the year to form a single working unit.

The team leader throughout the year was Michelle Wallace, who kept things together both on and off the court, who along with Erin Jefferson, set a strong example of great attitude and work ethic for the other players. Each saw the team through their difficult stretches and should be congratulated and thanked for their efforts. On the court, the team was led by Marcia Scott, who grabbed the Team M.V.P. at the recent Athletic Banquet. Also a bright spot was the improvement made by the trio of Kim Lewis, Estre Sucre and Helen Nasser. Collectively, the entire team achieved the goals set out by the coaches and showed good group dynamics in doing so.

Look for the team to return next year looking much the same, which means the team will be ready for the stiff competition it's sure to face. Good work women see you next year!

## Men's Basketball

With the '95/'96 season having come to a close, the GBC Men's Basketball Team has begun looking to the next season. Coach Willie Delas is excited about the prospects for the coming year, after the success of the team this past season. The biggest hole created by the departure of graduating athletes is at point guard, where starter Stafford Kerr is gone.

The brightest spot is with the return of Emil Mulic. The League All-Star, team M.V.P. and just about anything else you can think of, is committed to the school for the coming year, and it's no small surprise the Huskies will again base the offensive scheme around him. Mulic is hitting the weights this summer to build some strength, to complement his already strong underneath game.

Next season Hugh Mullings and Paul Cahur will have to pick up some of the load which means they will also undergo an off-season conditioning program if they hope to help the Huskies.

Delas is scouring the city looking for a high school point guard to bring in. The job will be simple for the incoming point guard; get the ball up the court and feed it to the M.V.P. Delas expects nothing less than a first place finish in the coming season, so all you returning students should look for a strong and exciting team when you all get back!

## Women's Indoor Soccer

The Women's Indoor Soccer Season recently came to a close. As with most sports here at George Brown, it was marked with ups and downs throughout. But the simple result of the season was that it can be classified as one of the most successful in years. The team was forced to work extremely hard with a small number of players, due in most part to some unfortunate injuries, to qualify for the Provincial Championships. All the hard work was rewarded with a silver medal in the O.C.A.A. Provincial Championships. Coach Green places the highlights of the season on the Regionals in North Bay and the Provincials in Ancaster. Congratulations must be extended to the entire team and coaching staff for their efforts. No one person alone can claim credit for the success of the '96 indoor season, due to the outstanding effort made by the team as a whole, who worked their magic on the field like a single unit. The most important achievement for these Huskies was forming one cohesive unit made up of many different parts, each with her own unique talents. Although faced with obstacles during the season, the women's hard work, dedication and driving spirit rewarded them with the 2nd place finish in all Ontario at the Provincial Tournament. It was a well deserved achievement by the women! With such a high level of commitment and skill in the past season, the outlook for next year is great! Although we say goodbye to some members of the team, a good number will be returning. We look forward to next year with a positive attitude and undying dreams of victory. Thanks for a challenging and successful year. Congratulations also to Nicole Maynard and Patty Mitchell, for being elected to the All-Star Team.



Maria Gothard - Female Athlete of the Year

## Women Join Intramural Hockey League

This is one season I will not soon forget! The George Brown Intramural Hockey League started in September and ran right through to March, all games being played at Bill Bolten Arena. At sign-up for the league, I called Val Pozzan, the league organizer, and asked if I would be able to participate in the league. The issue you see, is that I am a woman. Val was supportive and asked me to come out and see how I liked it. Sure I play girls rep hockey, but the fact of the matter is not the years of training I've had, but the quality of competition I've had. Playing with the guys has

definitely improved my game, which is more noticeable when I return to the girls league. I was of course, concerned with the reaction the guys would have to my participation (as I was the only woman playing). At the outset, it was difficult to get to know anyone, especially with the prime changing facilities I had, more commonly known as the "Ladies Washroom". But I am glad I stuck with it through the difficult first two weeks. For the first 17 games, I was the only woman, until two others joined up and came out to challenge the guys.

## Women's Basketball

Another season is behind the GBC Women's Basketball Team. This year looked upon many player changes at the beginning, middle and even the end of the season. The players who were on the team throughout the year should be congratulated for their commitment and the hard work they put into the team. They should also, pride themselves on the perseverance they showed through a rocky season which ended on a positive note with two wins, back-to-back, against Mohawk and Durham Colleges. Durham went on to the Ontario Championships. Charmaine Warwick was named to the O.C.A.A. second all-star team. Unfortunately Ms. Warwick is in

her final year as the team's point guard.

The team will have to go through a bit of rebuilding next year as several starters will be graduating. Aida Gabriel, who has been one of the most committed and hard-working players on the team for three years, Trudy Nofall, Shannon Cudmore and Charmaine Warwick will be leaving the team before next season.

A solid cast of players who joined the team, near the end of the year should be returning. The Lady Huskies are also looking forward to the arrival of an exciting and talented recruit who is expected to fill the shoes of our graduating M.V.P. point guard. See you in September!

## Men's Indoor Soccer

The Men's Indoor Soccer Season began with a couple welcome additions to the nucleus of outdoor players. Training started for the Huskies in January and confidence was high in preparation for the climax of the season at the O.C.A.A. Championships in March. After several warm-up tournaments, the team found themselves at the Central Regional Tournament, hosted by Nipissing College in North Bay on March 8-9, '96. This tournament was for qualification to the O.C.A.A.'s and the men responded by going undefeated (3-0) by scores of 7-0 vs. Sault, 4-1 vs. Nipissing and 2-1 vs. Centennial, to win the Divisional Title. Up next for the

Huskies was the O.C.A.A. Championship on March 21-23, hosted by Conestoga College in Kitchener. Confidence was high and Coaches Marandini and Magistrale were sure the team would compete. But the competition was fierce and the guys came up on the wrong end of two very close games by identical 2-1 scores, vs. Conestoga and St. Lawrence, which eliminated them from the tournament. The coaches would like to extend their thanks to all players who showed up and gave their all to the team and represented the college with pride throughout the season.

## Did you Know?

George Brown College offers a fantastic variety and intramural athletics program to its students. Both the St. James and Casa Loma Campuses have full gymnasiums. In addition, there are exercise rooms, varsity teams, intramural teams and general fitness programs such as aerobics. Best of all, students participate in most of these activities at no charge or at a small fee. So don't just go to class in September. Hit the weights, join a team or participate in other activities. School is more than classes and books!



# SPORTS UPDATE

## ATHLETIC BANQUET 1996

by Stephen Westbrook

The George Brown Annual Athletic Banquet took place on Thursday, April 11, and as usual, it was a complete success! As has been the case in past years, tickets were limited, and some students had to be turned away at the door. For those of us on the inside, we were treated to an incredible buffet created by our own GBC students from the Hospitality campus. These students and staff put on a fantastic dinner, complete with all the finer things of an eloquent banquet. Add to that

the personal touches of the waiting and chef staff (I now know where they got the title "hospitality" from).

As for the ceremonies, host Alex Barbier was the master of ceremonies. The audience was treated to several guest speakers, then the coaches were introduced so they could present the M.V.P. awards. This year, the crop of students was extraordinary, making some of the M.V.P. selections very difficult. These students were selected not only for their performance on the playing field, but more importantly, for their contributions, away from the field of play.

## M.V.P. Winners

Men's Volleyball  
Women's Volleyball  
Touch Football  
Men's Basketball  
Women's Basketball  
Men's Soccer

Men's Soccer - Indoor  
Women's Soccer  
Women's Soccer  
Skiing  
Badminton  
Baseball

J.P. Alino  
Marcia Scott  
Jason Young  
Emil Mulic  
Charmaine Warwick  
Gerrald Pennant

Alex Ligori  
Natalie Dabit  
Alisa MacKay  
Jill Thatcher  
Kam Nong  
Andre Contreras

Male Athlete of the Year  
Female Athlete of the Year

Alex Ligori  
Maria Gothard



Andre Contreras - M.V.P. Baseball



All Academic Athletes 1996



Jill Thatcher - M.V.P. Skiing



Emil Mulic - M.V.P. Men's Basketball

**Cap's** your friendly  
neighbourhood  
bar & grill

ENJOY A SINGLE ORDER OF  
**Cap's** FAMOUS WINGS FOR  
**1/2 PRICE!** STUDENT ID  
WITH THIS AD

Mon	Tues	Wed	Thurs	Fri & Sat	Sun
1/2 Price Wings! (after 5 pm)	1/2 Price Tex-Mex (after 5 pm)	1/2 Price Appetizers (After 5 pm) KILLER Pool, Nite	SUDS & WINGS JAM NITE	Live ENTERTAINMENT	SUDS & WINGS

POOL TABLES • DARTS • T.V.'S • SATELLITE DISH  
and MUCH, MUCH MORE!!!

572 JARVIS STREET PH: (416) 924-8555



Trade Marks

# NEED TO KNOW

## HOST AN INTERNATIONAL STUDENT

By: Lori Foran

George Brown College is looking for Toronto area families to participate in our homestay program for international students in our English as a Second Language (E.S.L.) program. Do you or someone you know have a room in your home for a student? Would you be willing to assist the student not only in practising English, but also in getting to know Toronto? Do you want to learn more about another culture? If so, George Brown would like to work with you.

Homestay periods are be-

tween 4 to 48 weeks, depending on the time of year and the program the student is registered in. An honorarium is provided to participating host families. This program is not simply boarding an international student - the student becomes a member of your family!

If you are interested in becoming a host family for an international student, please contact the International Centre at (416)415-2118 or fax (416)415-2120.



An international student on an outing with her host

### HELP WANTED

- Students needed to work on the Yearbook and the Dialog.
- Gain valuable work experience while meeting new people.

If you like to write, investigate and research issues, create illustrations, draw cartoons or just like to discuss student issues, the Dialog is the place for you.

If you are interested, please forward your name and phone number to the Student Association office or call Director of Services Brad LaBelle at 415-2900 ext. 84542 or drop in anytime your at St. James Campus. All students are welcome and all views are valued.

### ATTENTION ALL APPRENTICE

As of Friday April 12, 1996, the Ontario Training Adjustment Board has been put on the chopping block. The Toronto Branch of O.T.A.B. has been asked to close their Church street office by June 30, 1996. The apprentice programs will now be regulated from the Ministry of Education and Training. In addition, the Federal government has decided to phase out transfer payments to Colleges and Universities over the next three years; the Federal government will no longer be responsible for the funding of apprentice programs.

For more information O.T.A.B. can be reached at: Ontario Training and Adjustment Board

625 Church St.  
Toronto ON  
M4Y 2E8  
(416) 326-5700  
(Until June 30, 1996)

### !! O.S.A.P. !! IMPORTANT NOTICE

Attention all registered students who are returning to George Brown College, and will be entering their 2nd or 3rd year of the following full-time programs:

- The Allied Health programs
- The Community Services programs
- All Casa Loma programs

As part of a pilot project, and in an attempt to offer improved service, the Financial Assistance Office will be mailing out the 1996/97 CANADA and ONTARIO STUDENT LOAN documents for September to returning students as stated above.

The documents will be mailed directly to the address stated on the O.S.A.P. applications and the pre-print applications, starting approximately in mid-August.

If your address has changed, please ensure that you leave a "change - of - address" notice with your post office.

Contact the Financial Assistance Office if you have further questions or concerns.

Student Affairs  
*Partners in your success*



The Dialog Student Newspaper is another service provided to you by the Student Association of George Brown College.

